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Review article

Ayurvedic Perspective of Chiruvilwadi Kashayam Along with It's Clinical Importance

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ABSTRACT

Chiruvilwadi kashayam is one of the important ayurveda formulation used for gastrointestinal problem such as indigestion, constipation, piles, fistula, loss of appetite etc. It is mentioned in sahasrayaogam, kashaya prakarana. It is deepana, pachana & vathanulomana in action .Yoga contain ushna virya and katu pradhana dravyas, pitta vardhaka in effect. Mainly acts in pakwashaya, helps in apana anulomana.

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